



BREAKFAST MENU

BAKERY

toast

+ arepas

pain au chocolat

croissant

pain aux raisins

croissant aux amandes

GRAINS

+ quinoa porridge • goji berries • raw almonds

granola • chia seeds • fresh fruit • yoghurt

+ chia pot • berries • almonds

FRESH FRUIT

+ bowl of berries

+ mixed fresh fruit

BREAKFAST COUNTER

+ Lactose, sugar and gluten free (ask for buckwheat melba toast).

EGGS

florentine

benedict

royale

soft boiled eggs • sourdough soldiers

+ egg white omelette • courgette • spinach • tomato

+ poached eggs • avocado • basil • chilli • arepa £

+ poached eggs • green asparagus

scrambled eggs • smoked salmon

eggs of choice • bacon • sausage • black pudding •

tomato • mushrooms

SIDES

+ eggs of choice

+ smoked salmon

+ bacon

sausage

black pudding

+ roasted tomatoes

+ avocado • chilli

+ mushrooms

+ Lactose, sugar and gluten free (ask for buckwheat melba toast).

DETOX JUICES

+ green

kale • cucumber • spinach • apple • ginger

+ yellow

grapefruit • orange • tumeric • cayenne

+ red

beetroot • carrot • orange • pineapple

+ orange juice

+ grapefruit juice

We have a full range of milks available upon request
soya, almond, oat

+ Lactose, sugar and gluten free (ask for buckwheat melba toast).
A 12.5% discretionary service charge will be added to your bill.
Please inform your waiter if you have any food allergies.